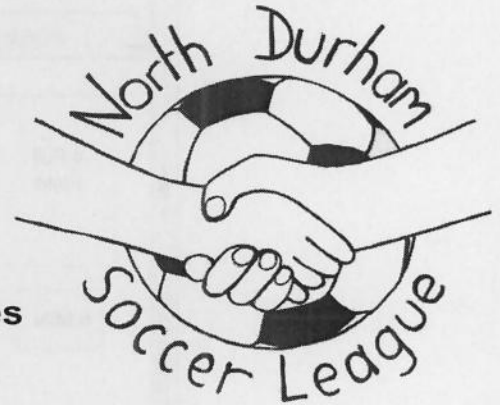


Code of Ethics for Parents

- I will not force my child to participate in sports.
- I will remember that children play sports for their enjoyment, not for mine.
- I will not use my child as a means of reliving my own athletic past.
- I will place the emotional and physical well being of all players ahead of my personal desire to win.
- I will show my children that my love and approval are not linked to the outcome of a game.
- I will positively encourage fun, good sportsmanship, and skill development.
- I will teach my child that doing one's best is just as important as winning, so that they will not be defeated by a game's outcome.
- I will model good sportsmanship by treating all players, fans coaches, officials, and organizers with courtesy and respect.
- I will encourage good play by all players from both teams with applause and words of praise.
- I will honour and acknowledge sponsors by cheering for teams by their team name
- I will refrain from directing the play, as this will interfere with player-coach communication.
- I will respect the match officials. I acknowledge that mistakes will happen but will accept decisions knowing that officials strive to make the game safe, fun and fair.
- I will control my temper at competitions and at games.
- I will help stop damage or abuse of the turf and equipment.
- I will respect the no smoking and no alcohol rules of the soccer fields.
- I will use the garbage and recycling bins for all my refuse.
- I will transport my child to and from the field in a timely fashion.



Code of Ethics for Athletes

- I will participate because I want to, not just because others want me to.
- I will play by the rules, and in the spirit of the game.
- I will embrace the idea that: having fun, improving skills, making friends and doing my best are more important than winning.
- I will be fully committed to positive participation by showing up, working hard, acknowledging my mistakes, and trying to improve.
- I will control my temper, forgiving myself and others for mistakes.
- I will remember that coaches and officials are there to help. I will accept their decisions and show them respect.
- I will respect social conventions (shaking hands, acknowledging good play by my team and by my opponents).
- I will show sportsmanship, respect and concern for the opponent (lending equipment, helping injured players, refraining from running up the score).
- I will do my best to be a true team player.
- I will respect my uniform and wear it proudly on behalf of our sponsor, club, and league.
- I will be responsible for my water bottle (mark it, bring it, take it home).
- I will respect the playing fields and avoid damaging the turf and equipment.
- I will use the garbage and recycling bins for all my refuse.
- I will play with all my heart and have a great time!

